

Urodynamics information

Urodynamics is a pressure study for women who report the following conditions:

- **Leaking urine when coughing, sneezing, laughing and/or working out.**
- **Leaking urine without warning “sudden urge”.**
- **Frequent bladder infections**
- **Frequent urination**

Preparation for the study:

You will need to arrive for your appointment on time with a full bladder. Drink as much water as you need to have a full bladder as this varies among each person. You may arrive 30 minutes early to drink your water in the waiting room if you are nervous about leaking.

This study is not painful and only takes 10-20 minutes to perform. Stephanie will explain the study to you before starting. You will be able to go back to work or perform your normal daily activities after this test.

When you check out after the study you will make an appointment to discuss your results with Dr. Fink. Dr. Fink does not give these results over the phone. He will meet with you in person and together you will formulate a plan for treatment.